



**oregon psychoanalytic center**

# **Continuing Education Course Catalog**

**2017-18**

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## ***Fundamentals of Psychoanalytic Psychotherapy***

**10 Wednesdays (first Wednesday of the month)**

**Sept. 6, Oct. 4, Nov. 1, Dec. 6, 2017 and Jan. 3, Feb. 7, Mar. 7, Apr. 4, May 2, June 6, 2018**

7:00-8:30 pm at OPC

15 cmes

\$500 regular price / \$450 for members/ \$250 Residents-Interns

This series of ten monthly sessions is designed to meet the needs of clinicians who want to gain a beginning understanding of psychoanalytic psychotherapy. These sessions will have a clinical focus and will provide an opportunity for participants to hear and discuss case material and to present case material if they wish. Brief readings focused around a key clinical or theoretical concept will also be discussed. The sessions will be taught and facilitated by members of the Oregon Psychoanalytic Center.

The conference is an ideal starting place for clinicians who wish to explore the possible avenues for training in psychoanalytic psychotherapy, as well as any clinician who wants to have the supportive and stimulating experience of a group case conference.

**Educational Objectives:** At the conclusion of this program participants will be able to:

1. Describe the salient characteristics of a psychodynamic psychotherapy
2. Apply the concepts of transference, countertransference, and resistance to your work with patients
3. Begin a psychodynamic treatment with a patient
4. Write a dynamic formulation of a patient
5. Feel more confident with your psychodynamic work with patients

**Instructors:**

**Section A: Kate Buchholz, LMFT & Constance Jackson, MD;  
Merrill Weyerhaeuser, PhD & Ann Anthony, MD**

**Section B: David Haven, PsyD & Duane Dale, MD;  
Adam Rodrigues, PsyD & Sara Gardiner, MD**

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## ***Beyond Fundamentals of Psychoanalytic Psychotherapy***

**9 Wednesdays (fourth Wednesday of the month)**

**Sept. 27, Oct. 25, Nov. 29, Dec. 20\*, 2017 and Jan. 24, Feb. 28, Mar. 14\*, Apr. 25, May 23, 2018 (\*week change)**

7:00-8:30 pm at OPC

13.5 cmes

\$450 regular price / \$405 for members / \$225 Residents-Interns

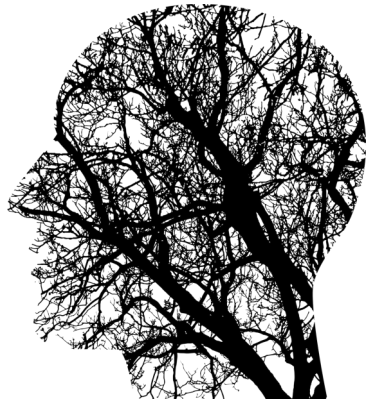
For graduates of Fundamentals, this series of nine monthly courses is designed to take your psychotherapeutic skills and theoretical understanding to the next level. Based on the original Fundamentals model, this course will include readings on advanced clinical and foundational theoretical topics designed to deepen your work with your clients. Students will have the opportunity to present case material if so desired. The sessions will be taught and facilitated by four members of the Oregon Psychoanalytic Center. Our goal is to create a warm, stimulating environment to continue your development as a psychotherapist.

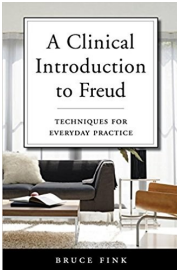
**Educational Objectives:** At the conclusion of this program participants will be able to

1. Listen for transference, countertransference and unconscious fantasy in a deeper way.
2. Work psychoanalytically with dreams.
3. Recognize, think about, and address a patient's (and therapist's) actions and enactments in a clinical encounter.
4. Write process notes and present case material (optional)
5. Feel more confident working psychodynamically with patients.
6. Describe four psychoanalytic models of the mind and one clinical example of each.

**Instructors:**

**Anne Fleming, MD & Cynthia Ellis Gray, MD; Rachael Berkeley, LCSW & Kelly Reams, LCSW**





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**Special Program**  
**Bruce Fink, PhD**

***LOVE IS GIVING WHAT YOU DON'T HAVE***

A Commentary on Lacan's Reading of  
Plato's Symposium  
in Seminar VIII, Transference

**Saturday, October 14, 2017**

What is love and what part does it play in psychoanalysis? Where are the analyst and the analysand situated in relation to the roles defined as those of the "lover" and the "beloved"? Jacques Lacan explores these and other questions in Seminar VIII, Transference (Cambridge, UK, and Malden, MA: Polity Press, 2015), by providing an extensive commentary on Plato's most famous dialogue on love, the Symposium. This talk will outline some of the major points about love that grow out of Lacan's reading of the dialogue and examine their relevance to the analytic setting. Can the analyst be characterized as a sort of modern-day Socrates?

**Educational Objectives:** At the conclusion of this program participants will be able to:

1. to grasp the major thrust of Lacan's thesis that "love is giving what you don't have"
2. to grasp Lacan's interpretation of certain parts of Plato's "Symposium"
3. to grasp the many facets of what we mean by the word "love"
4. to try to fathom why love involves loving the partner's "warts" (or flaws or defects)
5. to understand why Freud says it is impossible to "love thy neighbor"

Bruce Fink is a practicing Lacanian psychoanalyst and analytic supervisor who trained in France with the psychoanalytic institute Jacques Lacan created shortly before his death, the *École de la Cause freudienne* in Paris. He has translated several of Lacan's works into English—including *Écrits: The First Complete Edition in English, Seminar XX: Encore*, and *Seminar VIII, Transference*—and is the author of numerous books on Lacan, including *The Lacanian Subject, A Clinical Introduction to Lacanian Psychoanalysis, Lacan to the Letter, Fundamentals of Psychoanalytic Technique, Against Understanding* (2 volumes), and most recently *Lacan on Love*. A board member of the Pittsburgh Psychoanalytic Center, he has also penned several mysteries involving a character loosely based on Jacques Lacan: *The Psychoanalytic Adventures of Inspector Canal, Death by Analysis, Odor di Murderer/Scent of a Killer*, and *The Purloined Love*.

9:00 am – 1:00 pm/ 4cmes  
Lewis and Clark College – Miller 105  
\$150 regular price / \$135 members/ \$75 Residents-Interns

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## Tour of the Edge

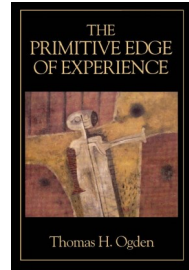
**3 Thursdays**

**October 5, 12, 19, 2017**

7:00-9:00pm at OPC

6 cmes

\$200 regular price / \$180 for members / \$100 Residents-Interns



Come along for a tour of the first four chapters of Ogden's The Primitive Edge of Experience. We will discuss in seminar format Ogden's chapters that formulate and re-formulate the autistic-contiguous, paranoid-schizoid, and depressive modes. We will review and discuss his concept of dialogue between the modes of experience and explore how each mode "creates, preserves and negates the others." The first two course meetings will be dedicated to discussion of the readings, and the third course meeting will be adapted based on group interest to either read further on the concept of the modes and dialectic between them, apply the concepts to clinical case material, or alternatively apply them to the analysis of a work of art, or literature.

**Educational Objectives:** At the conclusion of this program participants will be able to:

1. Describe and critique Ogden's formulations and re-formulations of the autistic-contiguous, paranoid-schizoid, and depressive modes.
2. Discuss Ogden's idea of oscillation or dialogue between modes as a function of the mind, and how it may be used in the clinical setting.
3. Apply these ideas to analysis of case material or a work of art

**Instructor: Scot MacLean, MD**

## Black Psychoanalysts Speak

A free screening of the film *Black Psychoanalysts Speak* will be held on October 26, 2017 from 7—9pm. A panel discussion will follow. NW Portland location will be provided once registered.



Reservations required due to limited space.

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## Special Program

**Anton Hart, PhD, FABP**

### ***OUR DIFFICULTIES WITH OTHERNESS: CULTIVATING CURIOSITY IN PSYCHOANALYTIC TREATMENT AND ORGANIZATIONS***



**Saturday, November 4, 2017**

Too often, psychoanalysis misses the opportunity to attend to the task of penetrating the surface of otherness. This presentation will examine both the resistances to, and the necessity for, psychoanalytic engagement—and prioritization—of issues of otherness, difference and diversity. Anxieties associated with authentic, curious, exploratory dialogue about difference and diversity are identified. The presenter argues for a stance of curiosity in relation to difference and also for an emphasis on the noticing and learning from those moments where diversity-related communication seems to break down. Attention to such breakdowns is portrayed as crucial to facilitating forms of dialogue that can lead to more diverse—and diversely applied—psychoanalysis.

**Educational Objectives:** At the conclusion of this program participants will be able to:

1. to grasp the major thrust of Lacan's thesis that "love is giving. Develop an understanding of the anxieties associated with engaging issues of diversity, difference and otherness.
2. Recognize the central role of curiosity as an antidote to cultural ignorance and insensitivity and be able to cultivate such curiosity in themselves and in their patients.
3. Recognize pitfalls and breakdowns that can occur in diversity-related explorations and find ways to use these in the service of the restoration of open, constructive dialogue.

Anton H. Hart, PhD, FABP, is a Training and Supervising Analyst and on the Faculty of the William Alanson White Institute in New York City. A member of the International Psychoanalytical Association (IPA) and the American Psychoanalytic Association (APsA), he is the recently appointed Chair of APsA's Department of Education's Diversities Section. A Fellow of the American Board of Psychoanalysis, he supervises at Teachers College, Columbia University and at the Derner Institute of Adelphi University. He is a member of the Editorial Boards of the journals *Psychoanalytic Psychology* and *Contemporary Psychoanalysis*. He teaches in the Department of Psychology at Mt. Sinai/St. Luke's-Roosevelt Hospital, at the Institute for Contemporary Psychotherapy, and at the National Institute for the Psychotherapies. He has published papers on issues of mutuality, disruption and safety and has work in press on issues of diversity and racism. He served as Associate Co-producer for the film, "Black Psychoanalysts Speak," in which he was also featured. He is a Co-Founder of the White Institute's Study Group on Race and Psychoanalysis. He is writing a book, to be published by Routledge, entitled, *Beyond Oaths or Codes: Toward Relational Psychoanalytic Ethics*. He is in full-time private practice in New York City

9:00 am – 1:00 pm/ 4 cmes\*

Lewis and Clark College – Miller 105

\$150 regular price / \$135 members/ \$75 Residents-Interns

\*meets the diversity credit requirement for OPBE



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## ***Muddy Waters: Ethics for Mental Health Professionals***

**3 Thursdays**

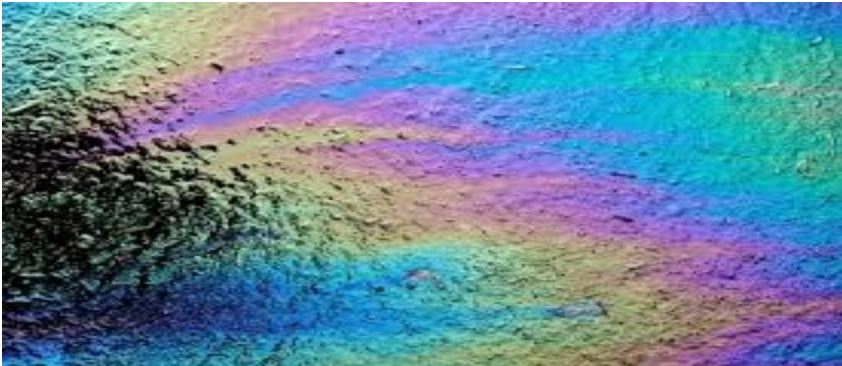
**November 2, 9, 16, 2017**

7:00-9:00pm at OPC

6 cmes

\$200 regular price / \$180 for members / \$100 Residents-Interns

This class will examine day to day ethical issues that psychotherapists face in their work with patients. We will look at confidentiality, boundaries, technology, the frame and truthfulness. How do we wrestle with the complexity of our work when it is, too often, much easier to see things as black and white. Let's explore the questions we face in our own practices and help each other find perspective in these ubiquitous dilemmas.



**Educational Objectives:** At the conclusion of this program participants will be able to:

1. Describe principles in the code of ethics for one's own (psychiatrist, psychologist, social work, counselor) licensing board.
2. Name two principles that can conflict in psychoanalytic ethical dilemmas.
3. Name two outside sources of help that are available if you encounter an ethical dilemma.

**Instructor: Julie Rosenberg, MD**

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**Special Program**

**Adrienne Harris, PhD**

***THE AMBULANT CEMETERY:  
SECRET PROJECTS OF REPAIR***

**Saturday, January 27, 2018**

This lecture will address the presence and function of damaged internal objects, ghosts of various forms and kinds, that find their way into analytic work. Drawing from the work of Henri Rey and the work on intergenerational transmission of trauma (Faimberg, Apprey, Grand and Salberg and others) I will discuss the often secret and also often unconscious project in analysis where the patient arrives not to change themselves but to repair someone else. Extended clinical examples are also presented.



**Educational Objectives:** At the conclusion of this program participants will be able to:

1. To understand the theoretical concept of intergenerational transmission of trauma as it appears in clinical.
2. To understand the forms of transmission of traumatic experiences interpersonally and intergenerationally particularly through the mechanisms of attachment and early interpersonal engagement.
3. To gain a clinical and hands-on understanding of the appearance of trauma in clinical situations and the resistance to change that often accompanies these kinds of patient/analyst dyads.

**Adrienne Harris, Ph.D.** is the 2017 recipient of the Helen Meyers Traveling Psychoanalytic Scholar Award. This award aims to promote dialogue and shared learning among women in psychoanalysis on women's issues. Dr. Harris is on the Faculty and a Supervisor at New York University Postdoctoral Program in Psychotherapy and Psychoanalysis. She is on the faculty and is a supervisor at the Psychoanalytic Institute of Northern California. In 2009, She, Lewis Aron, and Jeremy Safron established the Sandor Ferenczi Center at the New School University. She writes about gender and development, about analytic subjectivity, about ghosts, and about the analysts developing and writing around the period of the First World War.

9:00 am – 1:00 pm/ 4 cmes

Lewis and Clark College – Miller 105

\$150 regular price / \$135 members/ \$75 Residents-Interns



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## ***“frozen sea within us”*: Psychoanalysis and Literature**

**5 Thursdays**

**February 8, 15, 22, 2018 and March 1, 8, 2018**

7:00-8:30pm at OPC

7.5 cmes

\$250 regular price / \$225 for members / \$125 Residents-Interns

In this course, we will be looking at (primarily modernist) short stories and some excerpts from longer works of fiction in relation to canonical psychoanalytic ideas and major movements in the field of critical and literary theory. Broad in scope but hopefully not shallow in content, the course will offer a look at the various ways literature has been read from psychoanalytic perspectives. The course offers an introduction not only to various approaches to thinking psychoanalytically about literature but will also explore how literature may help clinicians think about our own theories of the mind and how we conceptualize what we encounter in our clinical work.

**Educational Objectives:** At the conclusion of this program participants will be able to:

1. Analyze and discuss literary passages using basic techniques of interpretation from psychoanalytic literary theory
2. Identify, apply and compare various psychoanalytic theoretical concepts as they apply to literary passages
3. Demonstrate a basic understanding of how psychoanalytic modes of interpreting literature can enrich psychoanalytic theory and clinical practice.

**Instructor: Garrick Duckler, PhD, LMFT**



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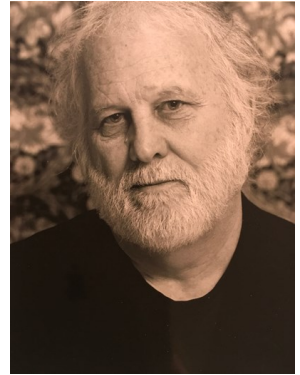
**Special Program**

**Christopher Bollas, PhD**

***The Psychoanalysis of Breakdown***

**Saturday, March 10, 2018**

This four hour workshop will discuss Christopher Bollas' book *Catch Them Before They Fall: The Psychoanalysis of Breakdown* (Routledge, 2009). All conference participants are asked to have read this book prior to attending.



Bollas will discuss the history of why and how he came to offer extended psychoanalytical sessions to people in either full analysis (four to five times a week) or in psychoanalytical psychotherapy. He will discuss those clinical indications of when a non psychotic patient is having a breakdown, how it offers the possibility of a transformative breakthrough in their treatment, and what the clinician must do to stay ahead of the patient's regression in the analysis. After a short break the conference will then consist of an open discussion with the group in which it is anticipated that those attending will ask a range of questions from quite practical details to questions ranging over theory.

**Educational Objectives: At the conclusion of this program participants will be able to:**

1. To identify and define the clinical picture that indicates when a patient is on the verge of having a non psychotic breakdown.
2. To identify the steps that the clinician must take—from informing the patient of the proposed extension of ordinary sessions to indicating the collaboration with other treaters who are part of the 'team'—before this treatment is put into effect.
3. To identify the many dimensions of building an out-patient treatment team.
4. To identify the stages of treatment during a patient's breakdown.
5. To identify how one assesses that a successful treatment has taken place.
6. Discussion of the technical aspects of returning to ordinary sessions.

**Christopher Bollas** is a Fellow of the British Psychoanalytical Society and the Los Angeles Institute and Society for Psychoanalytical Studies. He is an Honorary Member of the Institute for Psychoanalytic Training and Research in New York.

He has been in clinical practice for fifty years and received his clinical trainings in both the United States and Great Britain. He was a graduate of the Psychoanalytic Psychotherapy Training Program at the University of Buffalo (1972), and received an MSW from Smith College in 1973. He trained as a psychoanalytic psychotherapist at the Tavistock Clinic in London and qualified in 1978. He also trained as a psychoanalyst at the Institute of Psychoanalysis in London and qualified in 1977.

9:00 am – 1:00 pm/ 4 cmes\*

Lewis and Clark College – Miller 105

\$150 regular price / \$135 members/ \$75 Residents-Interns

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# ***Our Discomfort with Difference: Dialogues on Diversity in the Clinical Setting***

**2 Thursdays**

**March 15, 22, 2018**

7:00-9:00pm at OPC

4.0 cmes\*

\$150 regular price / \$135 for members / \$75 Residents-Interns

This 2- part course will focus on the issue of diversity in the clinical setting through looking at the role of “differences” between the patient and the clinician, e.g. difference in race, culture of origin, gender, sexuality, socio-economic class, age, etc. We will read several papers that examine the idea of difference and illustrate potential treatment impasses that can develop from the denial of difference. Our aim is to engage participants in a process of examining what we avoid thinking or talking about with our clients due to discomfort with differences, and to consider how to bridge these impasses through open thinking and dialogue. This course is designed to meet requirements of the Oregon Board of Psychologists Examiners for four hours of Cultural Competency CE.

**Educational Objectives:** At the conclusion of this program participants will be able to:

1. To start a dialogue on discomfort around issues of patient-clinician difference (race, a class, culture, age, gender, sexuality, etc.) and its effects on the treatment relationship.
2. To engage in a process for examining one’s own implicit assumptions and biases in the clinical setting
3. To discuss the potential treatment impasses that arise from denial of difference and explore treatment approaches that foster a stance of curiosity and openness to the unfamiliar and unacknowledged in our patients and ourselves.

**Instructor: Richard Alden, MD and Alice Huang, MD, MS**

\*meets the diversity credit requirement for OPBE



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# *A Marriage of Medication and Psychotherapy: A Series of Discussions on Medications and Psychotherapy*

**4 Thursdays**

**April 12, 19, 26, 2018 and May 3, 2018**

7:00-8:30pm at OPC

6 cmes

\$200 regular price / \$180 for members / \$100 Residents-Interns



In this course, we will review basics and updates on medications that are commonly used adjunctively with psychotherapy. We will also think together about the complexities that arise in mixed treatments,

whether the clinician is the prescriber or is collaborating with a prescriber. For example, what does a patient's experience of side effects tell you about their psychodynamics and their transference? Do prescribing and psychoanalytic psychotherapy mix? Can psychodynamics and phenomenology be integrated, or can we think of them concurrently? Is one more "important" than the other?

A brief overview of the state of psychopharmacology and non-medical adjunctive treatments will begin each class. This level of this review will be aimed at non-prescribers but we hope also helpful to prescribers. Then we invite case material from class participants to open discussion about both the nature of the somatic treatment and dynamic aspects that may arise. To this end, we encourage you to bring your cases, questions, and confusions.

**Educational Objectives:** At the conclusion of this program participants will be able to:

1. Develop an expanded capacity for thinking about the meaning of medications in a psychoanalytic treatment;
2. Enhance their working knowledge of the state of medical treatments for depression, anxiety, trauma, and borderline psychopathology;
3. Enhance their working knowledge of the state of non-medical somatic treatments (light, diet, interventions that augment parasympathetic nervous system functioning) for depression, anxiety, trauma, and borderline psychopathology.

**Instructor: Cynthia Ellis Gray, MD and Rafael Gray, MD**

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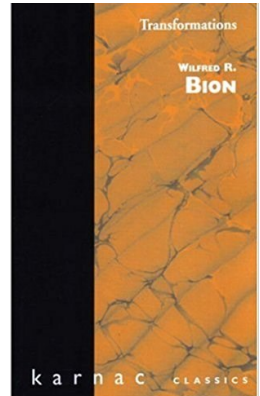
## Special Program

### Lawrence Brown, PhD

#### “*BION’S THEORY OF TRANSFORMATIONS AND ITS CLINICAL APPLICATION.*”

Saturday, April 28, 2018

Bion’s book, *Transformations*, is seen as enigmatic, difficult to understand and is the most challenging of all his works. Participants in this program will have the opportunity to read a paper by Dr. Brown in advance of the program that reviews and contextualizes Bion’s *Transformations*. The program will begin with a synopsis of *Transformations* by Dr. Brown with an emphasis on the clinical applications of these ideas, which will be followed by a general discussion. Dr. Brown will also present a clinically oriented paper, “Three Unconscious Pathways to Representing the Analyst’s Experience: Reverie, Countertransference and Joke-Work,” that will illustrate some of the clinical relevance of Bion’s book. Following the paper presentation, there will be a Discussion and a general conversation with the audience.



**Educational Objectives:** At the conclusion of this program participants will be able to:

1. To understand Bion’s Theory of Transformations.
2. To learn about the clinical applications of this theory.
3. To understand the three unconscious pathways to representing the analyst’s experience in the session.

**Dr. Brown** is a graduate of the Boston Psychoanalytic Institute (BPSI) in both Child and Adult psychoanalysis and is a supervising child analyst there. He is also on the faculty of BPSI and the Massachusetts Institute for Psychoanalysis. He is on the Editorial Board of the *Psychoanalytic Quarterly* and is President of the Boston Group for Psychoanalytic Studies. He was Co-Chair of the Bion in Boston International Conference held in 2009 and also co-chaired the Bion in Marrakech meeting in 2013. His book, *Intersubjective Processes and the Unconscious: An Integration of Freudian, Kleinian and Bionian Perspectives*, was published in 2011 and he also co-edited two other recent books. He has another book in progress, *Contemporary Psychoanalysis: The Theory and Technique of Transformations* to be published by IPA Publications and Karnac. He is the author of many papers dealing with such topics as the Oedipus complex, trauma, countertransference dreams, the analytic setting, aspects of Bion’s work, and autistic spectrum disorders in children.

9:00 am – 1:00 pm/ 4 cmes\*

Lewis and Clark College – Miller 105

\$150 regular price / \$135 members/ \$75 Residents-Interns

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## Special Programs

**October 14, 2017**

*Bruce Fink, PhD*

**November 4, 2017**

*Anton Hart, PhD*

**January 27, 2018**

*Adrienne Harris, PhD*

**March 10, 2018**

*Christopher Bollas, PhD*

**April 28, 2018**

*Lawrence Brown, PhD*

***All Special Programs are held at Lewis and Clark College***

**Directions to Lewis and Clark - Miller 105 for Special Programs**

Turn at point 2 and follow the road all the way around to the back parking lot E. Follow the walkway passing the building on your left and then walk down to the bottom doors of Miller 105.





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## CE Courses

**October '17**

*Tour of the Edge*

**November '17**

*Muddy Waters: Ethics for Mental Health Professionals*

**February/March '18**

*"frozen sea within us": Psychoanalysis & Literature*

**March '18**

*Our Discomfort with Difference: Dialogues on Diversity in the Clinical Setting*

**April/May '18**

*A Marriage of Medication and Psychotherapy*

***All CE Programs are held at OPC***

- \* ***Register and pay Online!*** It's easy and convenient
- \* ***Become a member!*** Receive a 10% discount on Continuing Education Offerings.
- \* ***Other Discounts:*** Residents, Interns, full-time students 50%; Call OPC for discount details and to register.
- \* ***Questions?*** Call 503.229.0175
- \* ***For complete course details, calendar of events, and to register visit***

**[www.oregonpsychoanalytic.com](http://www.oregonpsychoanalytic.com)**

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**[www.oregonpsychoanalytic.com](http://www.oregonpsychoanalytic.com)**

*Continuing Medical Education*

*This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychoanalytic Association and the Oregon Psychoanalytic Center. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.*

*The American Psychoanalytic Association designates this Live Activity for a maximum of 70 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.*

*IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.*